

Adarsh Shikshan Prasarak Mandal Rajura's  
**Kala Mahavidyalaya, Korpana**



**INSTITUTIONAL DISTINCTIVENESS**  
(Academic Session:2016-17)

**Confidence-Building in the Students**

One of the aspects of the vision of the institution is to bring out overall development of the students. The institute plans and executes all curricular and extracurricular activities keeping in mind the vision and mission of the institution. Since the students of the college come from poor academic background and from rural areas. They lack confidence and face embarrassment and hesitation when they join the institution. So the institution always focuses on confidence-building among the students. Most students face stage fright and performance anxiety. To address these issues the institute provides major platforms, namely, NSS, cultural programs and sports activities where students are motivated to participate and perform in various small activities.

Since the inception of the institution NSS has proved a very useful platform for transforming students' introvert nature and make them expressive. Every year the NSS organizes a seven day labour camp in nearby village. During the camp students are given various responsibilities and are allowed to express themselves. The students perform various stage shows and societal activities. It provides an opportunity to communicate with peers and society by which they also learn leadership, discipline and responsibility. In short the labour camp enhances confidence among the students every year.

The second platform which boosts students' confidence level and creates self-esteem is the traditional cultural festival. During the festival the maximum responsibility of execution of cultural festival is given to the students. The teachers only monitor and supervise the students and guide wherever they face problems. The students not only participate in the events in large number, they also conduct the proceedings of various activities. The students get motivated when they receive appreciation, certificates and prizes.

The third platform used for confidence building is games and sports. Some students who are interested in the stage programs during cultural festival get opportunity to express their spirit, energy and skill in various games and sports. Having an extensive playground and sports equipment of various games, numerous students utilize this facility for their betterment. To promote this the institution organizes various sports events on college level.

Apart from these platforms, the institute organizes a plethora of programs where the student has an opportunity to listen to experts from various fields like judiciary, administration, health, higher education, technology, etc. By listening to such experts' talks, the students not only build their confidence but also become aware of their career, society and the current scenario of the ever-changing world. The institute also intermittently organizes guest lectures on significant topics such as career making, management, personality development, women empowerment which enhances students' depth of knowledge and awareness and this very knowledge makes them feel confident to face the world.

With the support of activities undertaken by the institution, the students who exhibit embarrassment, hesitation, stage fear, performance anxiety, reticence and introvert nature at the entry level, become bold enough to participate and represent the institution in universities and other colleges and win various prizes and awards.