

Adarsh Shikshan Prasarak Mandal Rajura's
Prabhakarao Mamulkar Mahavidyalaya, Korpana



INSTITUTIONAL DISTINCTIVENESS
(Academic Session: 2018-19)

Personality Development through Confidence-Building Activities

One of the aspects of the vision of the institution is to bring about overall development of the students. The institute plans and executes all curricular and extracurricular activities keeping in mind the vision and mission of the institution. Since the feed of the college comes from poor academic background and from rural area, they lack confidence and face embracement and hesitation when they join the institution.

So the institution always focuses on confidence building among the students. Most of our students face stage fear and performance anxiety. To address these issues the institute provides three major platforms namely NSS, cultural programs and sports activities where students are motivated for participation and performance in various small activities. Since the inception of the institution NSS has proved very useful platform for transforming students introvert nature and make them expressive. Every year NSS organizes seven day labour camp in nearby village. During the camp students are given various responsibilities and freedom to express themselves. The students perform various stage shows and societal activities. It gives opportunity to communicate with peers and society by which they also learn leadership, discipline and responsibility. In short the labour camp enhances confidence among the students every year.

Second platform which boosts students' confidence level and create self-esteem is the three day cultural festival. During the festival the maximum responsibility of execution of cultural festival rests with the students. The teachers only monitor and supervise the students and guide wherever they face problems. The students not only participate in the events in large number, they also conduct the proceedings of various activities. The students get motivated when they receive appreciation, certificates and prizes.

Third platform used for confidence building is games and sports. Some students who are not interested in the stage programs in cultural festival get opportunity to express their spirit, energy and skill in various games and sports. Having an extensive playground and sports equipment of various games, numerous students utilise this facility for their betterment. To promote this the institution also organizes various sports events on college level.

students get opportunity to listen experts from various fields like judiciary, administration, health, higher education, technology, etc. By listening to such experts talk, the students not only build their confidence but they also become aware of their carrier, society and the current scenario of the ever changing world. The institute also intermittently organizes guest lectures on significant topics such as carrier making, stress management, personality development, woman empowerment which enhances students' domain knowledge and awareness and this very knowledge makes them feel confident to face the world.

With the support of activities under taken by the institution, the students who exhibit embarrassment, hesitation, stage fear, performance anxiety, reticence and introvert nature at the entry level, become bold enough to participate and represent the institution in university and other colleges and win various prizes and awards.